



Eastern Health Gynaecology Triage Service

Eastern Health is pleased to announce the creation of an Eastern Health Gynaecology Triage Service designed to improve the referral process for women requiring gynaecological attention. It is a pilot project that if successful will be expanded.

This service will dovetail with the development of the Women's Health/Gynaecology clinical pathways as part of the HealthPathways Program concurrently being created by the Medicare Locals and carried into the Primary Health Networks.

WHAT IS THE SERVICE?

The service focuses on two activities, both carried out by a Senior Gynaecology Registrar:

1. Triage of received written referrals for patients according to the Eastern Health criteria of urgency, and discussion with referring GPs, where deemed beneficial, to organise further investigations such as ultrasounds, tumour markers etc. prior to the patient's presentation or prior to their triaging.
2. Attendance of a phone service to be available to discuss cases with GPs with respect to the urgency of their condition and the investigations which might usefully be performed prior to their attending the gynaecology clinic in order to facilitate their timely management.

The service is a two way interactive process where the triage Registrar will call GPs to discuss written referrals which have been received if he/she feels a discussion would be helpful.

WHEN AND HOW DO I ACCESS THE SERVICE?

PHONE

- Call 8396 8350 to speak to or leave a message for the Senior Gynaecology Registrar.
- An answering machine will record messages, but this may not be checked every day.
- If the matter is urgent, please contact the On-call Gynaecology Registrar at either Box Hill or The Angliss directly on 1300 342 255.

REFER

- Refer as per normal. All referrals received by the Eastern Health Gynaecology Department will be triaged by the Registrar.

Turning Point specialist medical clinic for alcohol and drug use disorders

Turning Point's addiction physicians and psychiatrists are seeing referred patients for alcohol problems, detoxification treatment, addiction to pain medication, mental health problems affected by co-occurring substance use, and other drug use disorders. Most of these patients can be bulk-billed.

Medical referrals can be faxed to **9486 9766** or sent to **Turning Point, 54 Gertrude St, Fitzroy, 3065**. For more information call 8413 8444 or go to www.turningpoint.org.au.



Eastern Health Ambulatory Oncology Rehabilitation Program

With improvements in cancer detection, diagnosis and treatment; cancer is now recognised as a chronic illness, which places new demands on patients and families to manage their own care, both physically and psychologically. Demands include; adjusting to and managing the long term effects of cancer and its treatment, re-establishing normal routines and social roles, and dealing with the residual psychosocial distress to help minimise the impact on quality of life and relationships.

The **Eastern Health Oncology Rehabilitation Program** aims to assist with new adjustments and broadly consists of two components: exercise and information.

Exercise improves physical and emotional health. Exercise sessions are tailored to participant's needs and level of fitness and include strength training and aerobic exercise.

Information sessions cover a wide variety of topics ranging from fatigue management through to the emotional impact of cancer and its treatment.

Sessions run on Tuesday and Fridays mornings for 7 weeks.

For further information please ring the program coordinator on 0457 563 174 or visit

<https://www.easternhealth.org.au/services/item/94-cancer-oncology-rehabilitation-program>

The Eastern Health continence service manages patients with bowel and bladder problems, as well as those with vaginal prolapse. We do not have the resources to provide a pessary service and would appreciate a list of local General Practitioners who are trained and happy to offer their services.

Please contact Jenni Schroeder – Coordinator Continence Service, Eastern Health on (03) 9881 1843 for further information.

To receive the Eastern Health GP Liaison newsletter, education flyers and clinical information updates via email, please contact Dr Penny Gaskell on 9955 7500 or penny.gaskell@easternhealth.org.au with your details.

Mi-Iron Trial: NHMRC funded study recruiting individuals with hereditary haemochromatosis

Researchers would appreciate your help recruiting individuals with Haemochromatosis who are HFE C282Y homozygous and have **moderate iron overload (serum ferritin 300-1000µg/L) and have not had venesection in the last 2 years.** Because apheresis will be used, the number of treatments each subject will have in both arms of the study **will be less than standard venesection.**

The study will compare normalisation of iron levels to sham or placebo treatment. Recruitment is over four sites; Austin Hospital; Royal Melbourne Hospital; Royal Brisbane and Women's Hospital; and Fremantle Hospital. Subjects will be blinded as to which arm of the study they are in. Subjects in the 'sham arm' will have their iron levels normalised following unblinding and **all patients will be returned to you for long term management.**

If your patient is interested in participating, please go to www.mi-iron.com.au or contact Lara Dolling (Study Coordinator) on M: 0406 969 450 E: lara.dolling@mcri.edu.au



GPSS GENERAL PRACTICE
SUPPORT SERVICES

Would your patients benefit from accessible specialist diabetes or asthma/respiratory education on-site in your practice?

Would your practice benefit from additional nursing support to better facilitate care planning, health assessments, co-ordinated veterans care, chronic disease care cycles or other general nursing support?

For more information or to arrange an obligation free practice visit, phone: (03) 8822 8485 or email: enquires@gpssvic.com.au

Eastern Health Mental Health is going smoke free

Eastern Health Mental Health programs are going smoke free from the 1st July 2015. This includes all our inpatient units and community facilities.

In keeping with our commitment to reduce the harm resulting from smoking and/or exposure to environmental tobacco, we are committed to ensuring our mental health services are smoke free.

You can help ... You can talk to your patients who you may be referring to mental health services so they are aware of the changes, you may wish to refer your patients to the Eastern Health Tobacco Free Clinics to support a quit attempt or you may wish to prescribe smoking cessation pharmacotherapy as part of your routine care (RACGP Smoking Cessation Guidelines for GPs are a great resource to assist you).

For more information about our Tobacco Free Clinics - please call 0417 861 324.



GP education

Aged Care Education at Peter James Centre

GPs are invited to attend the weekly education sessions at Peter James Centre

Day and Time: Fridays 1- 2pm, Northside room

Location: Peter James Centre , Cnr Mahoneys Rd and Burwood Hwy, Burwood Eastern Health

Check the Eastern Health Website for specific weekly topics

https://www.easternhealth.org.au/images/downloads/professionals/Education_at_PJC2.pdf

For further information, contact Dr Penny Gaskell GPLO Eastern Health on 9955 7500

penny.gaskell@easternhealth.org.au.

Asthma Update- New Guidelines and HealthPathways

Invitation for GPs and practice nurses

Presented by Prof Frank Thien and Dr Mellanie Lloyd

This session will provide an update on current asthma guidelines, new and emerging asthma therapies, asthma pathology and mechanisms and demonstrate HealthPathways Eastern Melbourne

Date: June 3rd 2015, Time: 6.30pm- 9.00pm

Venue : Eastern Melbourne Medicare Local, 21-23 Maroondah Hwy Croydon

For further information and to register, please go to – <http://emmlprofessionals.com.au/events/asthma-update-new-guidelines-and-healthpathways> or phone Julianne Ingram on 9871 1000.

Advanced Care Planning for General Practitioners

Presented by A/Prof Bill Silvester and Dr Alison Sands

This session will outline the ethico-legal principles of ACP, explain the value and need for ACP, develop a system for identifying patients for whom ACP discussions are indicated, exercise the skills required to conduct an ACP discussion and how to incorporate ACP in your practice.

Date : 11th June 2015 Time: 6.30pm – 9.00pm

Venue: Inner East Melbourne Medicare Local, 6 Lakeside Drive, Burwood Eastern Health

To register, please go to: www.iemml.org.au/events or for further information contact Kristy MacDougall P: 88228458 or E: iemmlvents@iemml.org.au