graduate nursing and midwifery programs
<table>
<thead>
<tr>
<th>CONTENTS</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Who we are</td>
<td>03</td>
</tr>
<tr>
<td>Our program</td>
<td>03</td>
</tr>
<tr>
<td>Our point of difference</td>
<td>03</td>
</tr>
<tr>
<td>Employment opportunities for Aboriginal and Torres Strait Islander People</td>
<td>05</td>
</tr>
<tr>
<td>Honours Program in Partnership with Deakin University</td>
<td>05</td>
</tr>
<tr>
<td>Pure Stream - Midwifery</td>
<td>06</td>
</tr>
<tr>
<td>Blended Stream - Midwifery and Nursing (18 months)</td>
<td>07</td>
</tr>
<tr>
<td>Pure Stream - General Nursing</td>
<td>09</td>
</tr>
<tr>
<td>Pure Stream - Mental Health Nursing</td>
<td>10</td>
</tr>
<tr>
<td>Blended Stream - General Nursing and Mental Health</td>
<td>11</td>
</tr>
<tr>
<td>Pure Stream - Continuing Care</td>
<td>13</td>
</tr>
<tr>
<td>Blended Stream - General Nursing and Continuing Care/ Community Based Care</td>
<td>14</td>
</tr>
<tr>
<td>Eastern Health sites</td>
<td>15</td>
</tr>
</tbody>
</table>
WHO WE ARE

At Eastern Health we aspire to be GREAT in everything we do, delivering great care to our patients everywhere, every time. We focus extensively on achieving performance excellence and delivering a high quality healthcare system for the people we serve.

Eastern Health provides a comprehensive range of acute, continuing care, palliative care, mental health, drug and alcohol, residential care, ambulatory and community based and state-wide specialist services. We have the largest geographical catchment area of any health service in Victoria.

Sites include:

• Angliss Hospital
• Box Hill Hospital
• Healesville Hospital and Yarra Valley Health
• Maroondah Hospital
• Peter James Centre
• Wantirna Health
• Yarra Ranges Health

We offer outstanding professional development opportunities for employees and recognise and reward excellence in all our teams.

OUR PROGRAM

Our Graduate Nursing and Midwifery Program is progressive, responsive and innovative. We use the latest evidence to develop our program study days together with regular feedback from our graduates.

We use online platforms for day to day program management and communication together with face to face support with Clinical Nurse/Midwife Educators and Preceptors on each ward.

We are also active with social media to inform and engage with our graduates across all sites.

We facilitate transition into the profession and provide many opportunities to support graduates with managing stress, work-life balance and support to maintain overall wellbeing.

We aim to facilitate the development of a well prepared, high quality, safe nursing and midwifery workforce committed to improving health outcomes.

OUR POINT OF DIFFERENCE

• Different streams to tailor a program to your individual needs
• Permanent contracts of employment
• Part-time hours (4 days per week) to facilitate work-life balance
• Leadership opportunities through the Graduate Representative Group
• State-of-the-art facilities

95% of our graduate nurses and midwives choose to stay at Eastern Health at the end of their graduate year!
“Staff morale is fantastic, everyone is so supportive and encourages you to develop your clinical skills.”

Catherine Nadalin (Graduate Midwife 2017)
EMPLOYMENT OPPORTUNITIES FOR ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE

At Eastern Health we are proud of the significant achievements we have made in the delivery of health care services to the Aboriginal and Torres Strait Islander community.

We are committed to **close the gap** in health outcomes and life expectancy for Aboriginal and Torres Strait Islander people.

Appointing Aboriginal employees is an effective way of encouraging the presentation of Aboriginal people for health treatment by building relationships with, and respect for the Aboriginal community.

The Eastern Health Graduate Nurse and Midwifery Programs offer nursing and/or midwifery students with Aboriginal or Torres Strait Islander background guaranteed interviews and culturally respectful support when applying to Eastern Health for employment.

Eastern Health is proud of a long standing partnership with Deakin University to support graduate nurses who wish to undertake the Deakin Honours Program.

This program is an excellent opportunity for the graduate nurse to further build on their research knowledge from their pre-registration studies and learn new research skills which can be applied to particular areas of interest.

---

**Pictured:**
Bunjil the Eagle, the 2.8 metre tall wooden sculpture in the foyer of Box Hill Hospital, was designed by Aboriginal artist Glenn Romanis. Bunjil the Eagle is a spiritual leader in Aboriginal culture and is of great significance to the Wurundjeri people. Bunjil’s presence in the foyer signals to Aboriginal patients, visitors and staff that they are welcome and will be treated with respect at Eastern Health.
Our Graduate Midwifery Program provides a supportive learning environment to foster clinical skills, reflective practice and a sense of professional identity and accountability.

The aim is to facilitate your transition from novice to confident practitioner delivering sound, evidence based midwifery practice.

**SITES**
- Angliss Hospital
- Box Hill Hospital

**ROTATIONS**
12 month program includes rotations through:
- Postnatal ward
- Birth suite
- Antenatal clinic
- Fetal Maternal Assessment Clinic
- Domiciliary (Midcare)
- Special Care Nursery

**ADVANTAGES OF THIS STREAM**
- Work in ALL areas of Midwifery practice as a graduate
- Collaborative models of care
- Boutique program offering challenge and support
- Two locations to preference
BLENDED STREAM
MIDWIFERY AND NURSING (18 MONTHS)

Our joint 18 month Midwifery and Nursing program provides an ideal opportunity for graduates with double degrees in midwifery and nursing to utilise their skills in both areas in an innovative and responsive learning environment.

The aim is to facilitate your transition from novice to confident practitioner delivering sound, evidence based midwifery practice across the continuum of care.

Additionally, you will have the opportunity to develop transferable acute nursing skills to complement practice and support your future career pathways.

As a graduate you spend 12 months across all areas of midwifery; complemented by 6 months in acute general nursing.

**SITES**

**Midwifery rotation**
- Angliss Hospital
- Box Hill Hospital

**Nursing rotation**
- Angliss Hospital
- Box Hill Hospital
- Maroondah Hospital

**ROTATIONS**

**Midwifery rotation**
- Postnatal ward
- Birth suite
- Antenatal clinic
- Fetal Maternal Assessment Clinic
- Domiciliary (Midcare)
- Special Care Nursery

**Nursing rotation**
- Acute general ward area

**ADVANTAGES OF THIS STREAM**

- Work in ALL areas of midwifery practice as a graduate
- Collaborative models of care
- Exposure to and consolidation of nursing skills and knowledge
- Transferable skills to enhance future midwifery practice
- Ability for graduates to pursue a career in midwifery/nursing
I feel that everyday is extremely rewarding. When I finish my shift I know that I have had a positive impact on someone’s day... I believe the year so far has been one of the most rewarding I’ve ever had.”

Jack Hamilton
(Graduate Nurse 2017)
The general nursing stream is an opportunity for you to work across two areas of general nursing in two six month rotations. Eastern Health offers a large range of general nursing areas for you to consider:

- Cardiac
- Day surgery
- Emergency
- Medical
- Neurology
- Surgical
- Paediatrics
- Perioperative
- Renal

Eastern Health offers a large range of general nursing areas for you to consider:

- Cardiac
- Day surgery
- Emergency
- Medical
- Neurology
- Surgical
- Paediatrics
- Perioperative
- Renal

SITES

- Angliss Hospital
- Box Hill Hospital
- Maroondah Hospital
- Yarra Ranges Health
- Healesville Hospital
- Peter James Centre

ADVANTAGES OF THIS STREAM

- High challenge with a fast paced and higher acuity environment
- Diverse general nursing rotations offered which may assist to inform future career pathways
In the Pure Mental Health stream you will be working with people with mental health issues using a recovery focused model of care. Rotations are available across the age spectrum of youth, adult and aged persons.

The focus of this stream is to develop well educated, reflective nurses who are able to critically analyse and contribute to best practice in mental health nursing.

Eastern Health offers a large range of mental health areas for you to experience:

- Adolescent inpatient unit
- Adult inpatient unit
- Aged inpatient unit
- Alcohol and other drug unit
- Community services

**SITES**

- Box Hill Hospital
- Maroondah Hospital
- Peter James Centre
- Community services
- Wellington House
- Delmont Private Hospital – collaborative partnership

**ADVANTAGES OF THIS STREAM**

- Formal academic program
- Engagement in clinical supervision practice
- Contributes to credit towards post graduate studies
The blended general and mental health nursing stream provides you with an opportunity to work across general and mental health nursing in two six month rotations.

The Mental Health rotation involves structured study days to support graduates working with people with mental health issues, using a recovery focused model of care.

The general nursing component will focus on recognising and responding to the deteriorating patient and complex care in either a medical or surgical rotation.

By participating in this stream, you will develop a strong foundation as a registered nurse with transferrable skills to support your future career pathways in all areas of nursing.

**SITES**

**Mental Health**
- Box Hill Hospital
- Maroondah Hospital
- Peter James Centre

**General**
- Angliss Hospital
- Box Hill Hospital
- Maroondah Hospital

**ADVANTAGES OF THIS STREAM**
- Additional study days to support mental health nursing practice
- Engagement in clinical supervision
- Transferrable skills to support future nursing practice
“I can be a positive role model for others and make a difference in the patients' quality of life and the families' experience with Eastern Health.”

Elsa Parham
(Graduate Nurse 2017)
This stream provides you with the opportunity to work with patients using a rehabilitative and/or supportive care approach. You will promote and support the self-determination and independence of patients, through teaching and coaching.

As a graduate in this stream you will have opportunities to practice and develop your leadership and interpersonal skills with patients, family members and the multidisciplinary team.

**Eastern Health offers a range of continuing care areas for you to experience:**

- Geriatric and Evaluation Medicine (GEM)
- Palliative care
- Rehabilitation

**SITES**

- Angliss Hospital
- Box Hill Hospital
- Maroondah Hospital
- Peter James Centre
- Wantirna Health

**ADVANTAGES OF THIS STREAM**

- Development of teaching and coaching skills to utilise with each patient interaction
- Development of nursing skills that are translatable to all areas of nursing
- Ongoing and close engagement with multidisciplinary team to support patient care
This stream provides you with the opportunity to experience the full continuum of care of patients from admission in the acute environment to rehabilitation advanced care planning or community based care.

The continuing care or community based care (CBC) rotation will provide you with opportunities to develop your fundamental nursing and leadership skills whilst facilitating independence of people within the inpatient and/or community environment.

The general nursing rotation will focus on consolidating your general nursing skills in a medical or surgical environment.

**SITES**

- Angliss Hospital
- Box Hill Hospital
- Healesville Hospital and Yarra Valley Health
- Hospital in the Home ambulatory service (CBC)
- Maroondah Hospital
- Mooroolbark Aged Care (CBC)
- Peter James Centre
- Wantirna Health
- Yarra Valley District Nursing Service (CBC)

**ADVANTAGES OF THIS STREAM**

- Provide a greater understanding of the continuum of care
- Increased awareness of the role of nursing outside the acute environment
- Opportunities for development of leadership skills
- Ongoing, close engagement with the multidisciplinary team to support patient care
- Development of nursing skills that are translatable to all areas of nursing practice
EASTERN HEALTH SITES

Angliss Hospital
Albert Street, Upper Ferntree Gully

Box Hill Hospital
8 Arnold Street, Box Hill

Healesville Hospital and Yarra Valley Health
377 Maroondah Highway, Healesville

Maroondah Hospital
Davey Drive, East Ringwood

Peter James Centre
Cnr. Mahoneys Road & Burwood Highway, Burwood East

Wantirna Health
251 Mountain Highway, Wantirna South

Yarra Ranges Health
25 Market Street, Lilydale