

## INTENSIVE CARE TRAINING AT EASTERN HEALTH

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We want you! Why choose Eastern Health to help with your experience and/or training in intensive care you ask? Well, we provide you with exceptional training opportunities at both Box Hill and Maroondah Hospitals. You can be assured of a broad range of clinical experience, as well as a supportive environment for learning. From 2018 we have an exciting opportunity to offer not only HMO terms in ICU but to expand on our current registrar training positions. In essence we will be able to offer you three year positions that will **guarantee time in anaesthetics and general medicine**. Previous difficulty with getting these terms? Not anymore with a registrar position here at Eastern Health!

Importantly, Box Hill Hospital is accredited for General Training, including Core training, by the College of Intensive Care Medicine (CICM). Maroondah Hospital is accredited for Foundation training in Intensive Care by the CICM. Typically the registrar positions are filled by a combination of Intensive Care, Emergency, Physician and Anaesthetic trainees at various stages of their training, and Surgical trainees. The residents may be on rotation from any of those streams or a Critical Care HMO position, so you will be working with a great team of fellow trainees (and ICU consultants)!

### Features of Intensive Care training at Eastern Health include:

- **A broad range of casemix.**
  - A large proportion of patient admissions are emergency/unplanned admissions from the Emergency Department, Operating Theatre and Wards.
  - A high proportion of patients with complex, multisystem disease.
  - A large major surgical caseload – including thoracic, ENT, bariatric, upper GI and vascular surgery.
  - One of the largest Haematology and Oncology units in the state.
- You will receive the **opportunity to learn and practice a wide range of critical care skills** including;
  - Assessment, prioritisation, and management of complex, critically ill patients.
  - Procedures such as intubation, bronchoscopy, arterial lines, ultrasound, central venous access and intercostal catheters.
  - Critical care therapies such oxygenation, ventilation, inotropes and other cardiovascular supports, monitoring, renal replacement therapy, and sedation.
- **Leadership** of the MET (Medical Emergency Team) Response and Code Blue teams. This provides the opportunity to assess, manage and lead treatment of patients with a wide range of acute conditions.
- **A strong commitment to teaching**, with a structured Eastern Health tutorial program scheduled in protected teaching time each week. The **BASIC** course is run twice a year and is offered free of charge to those who have not participated before.
- **Regular combined multidisciplinary (in the truest sense) teaching** with Anaesthetics and Emergency, with a focus on **simulation based learning**.
- Participation in the **Victorian Intensive Care Education Network (VICEN) monthly teaching programme**.
- Active assistance with **Primary and Final Examination preparation**, both theory and practical.
- Opportunities and assistance with formal **projects and research** (ICU or otherwise) – sometimes onerous, sometimes exciting but always vital for your training!

### For further information, please contact:

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### Further information regarding Intensive Care Training can be found here:

College of Intensive Care Medicine of Australia and New Zealand (CICM): <https://www.cicm.org.au/>