**2016 Leaders’ Collaborative Care Planning Workshop Report**

**Report provided by Bronwyn Williams – EMHSCA Project Officer**

The Annual Eastern Metropolitan Region (EMR) Leaders’ Collaborative Care Planning Workshop (LCCPW) was held on **Thursday the 24th November 2016** in the Matsudo Room at the Box Hill Town Hall and catered for 37 attendees in total. This event is provided annually by the EMHSCA Workforce Development sub committee which consists of 11 staff from a variety of EMHSCA services. A number of additional staff also assist the committee on the day of the event.

The Aim

The purpose of this event is to orient leaders from health & community services across the EMR to the EMHSCA Shared Care Protocol and provide opportunity to explore the challenges of collaborative practices with an emphasis on generating solutions.

The Program

This year the following topics were presented and discussed:

* Shared Care Principles
* Challenges to collaboration
* Sharing of Information
* Conumer perspective
* Carer perspective
* Establishing effective partnerships as we approach NDIS
* A model of effective collaborative practice
* Solutions brainstorm

The Master of Cerermonies was Jose Abalo of Department of Human Services.

Topical presenters included staff from Eastern Health, Eastern Melbourne Primary Health Network, Neami National, Carrington Health, Link Health & Community, the EMR Dual Diagnosis Consumer & Carer Advisory Council & the Eastern Peer Support Network.

Table facilitators were utilised to ensure workshop exercises were well utlilised, even with large numbers of attendees. These facilitators were briefed and provided with a guide to support their role.

 The EMHSCA Shared care protocol is introduced by the project officer followed by a discussion of the principles and the challenges to collaboration. Gaavin Foster provided a presentation on information sharing that encouraged participants to support appropriate interagency communication as well as communication with carers and families.

Annie Rawson, the Eastern Peer Support Network Coordinator explained the Charter for Peer Support and encouraged collaboration from a consumer perspective. Belle Groves shared aspects of her personal journey as a carer and similarly encouraged a collaborative mindet to care.

Kieran Halloran provided a thought provoking presentation that encouraged collaborative practices as NDIS is introduced. Kieran is managing Partners In Recovery (PIR) in the Northern region where NDIS is already being implemented. His insights proved valuable to our leaders.

Aaron Jones (Neami), Imogen Zobel (Eastern Health) , Olive Aumann (Carrington Health) and Terri Roumanous (Link H& CS) presented about their collaborative efforts and provided advice for participants from their learnings.

A solutions brainstorm lead to the generation of a document that outlines the key challenges and lists the proposed solutions. This has been circulated to all participants.

All were encouraged to connect with others after the workshop by sharing details.

Feedback

There was a great deal of enthusiasm expressed by attendees on the day. Formal feedback was sought and entered manually into survey monkey by the event crew supports at Eastern Melbourne PHN. All sessions received ratings between suitable and very engaging. The collaborative presentation by Aaron Jones (Neami), Imogen Zobel (Eastern Health) , Olive Aumann (Carrington Health) and Terri Roumanous (Link H& CS) rated as highly engaging by more than 50% of respondents. The Solutions brainstorm was very well received and left people energised at the end of the workshop. Attendees comments included “Very informative”, “Well focussed and tightly run” and “certainly appropriate but felt rushed”. The workshop content was completely new to 8% of participants, 80% new to 16%, 60% new to 20%, 40% new to 32%, and 20% new to 24% of participants.

Favored activities included networking, NDIS information, the Charter of Peer Support, learning about real collaborative examples, the carer story and the Shared Care principles.

Advice for next year included having more stories of successful collaboration and some examples of partnership and MOU paperwork.

The venue was rated as excellent by the vast majority of participants.

EMHSCA Workforce development committee

The LCCPW event is developed, organised and provided by the EMHSCA Workforce Development subcommittee with funding via annual contributions from EMHSCA member organisations.

The committee consists of eleven members as follows:

|  |  |
| --- | --- |
| Anna Makris | **Federal Dept. of Human Services** |
| Aaron Jones | **Neami National** |
| Bronwyn Williams (Project Officer) | **Eastern Health Recovery Framework Implementation /EMHSCA/ Eastern Peer Support Network projects**  |
| Cat Heal | **Eastern Health Older persons Alliance** |
| Corey Eastwood | **MIND PARC programs** |
| Daisy Gleeson (Chair) | **Wellways** |
| Erin Crockett | **Prahran Mission** |
| Jose Abalo | **Federal Dept. of Human Services** |
| Kim Moreland | **Eastern Health Mental Health Practice Development**  |
| Maria Yap | **Eastern Melbourne Primary Health Network** |
| Stephanie Bortignon | **Anglicare** |

It is important to acknowledge the substantial contribution of these members and their teams to the success of the EMHSCA Workforce Development events each year. Thanks goes to EMHSCA member organisations for contributing in this way to improving Service Coordination across the EMR for the benefit of people with mental ill health and co occurring issues.

I would also like to acknowledge the City of Whitehorse who provided grant funding to support this event and also to Waverley Industries for their reliable and delicious catering.

# Attendance

|  |  |
| --- | --- |
| **Total attendance**  | **37** |
| **Non-attendance** | **17** |

Attendance by sector

|  |  |
| --- | --- |
| Aged care | 1 |
| AOD | 1 |
| Clinical MH |  9 |
| Community Health | 2 |
| DD CCAC | 1 |
| DHS | 9 |
| Family Services | 0 |
| Homelessness | 1 |
| Legal | 1 |
| MHCSS | 7 |
| PHN | 1 |
| Private Psych | 1 |

Budget

Catering $398.50

Venue $307.50

Total: $706

Plus in-kind support from EMHSCA organisations for printing and staffing.

The City of Whitehorse provided a grant that reduced the venue hire by half.

This event was within budget.

Conclusion

This event has developed over the past 4 years to provide a well-targetted program that encourages and strengthens collaborative pracites across health & community support services in the EMR. Further work to support leaders to engage in developing partenrships and MOUs along with more real examples of collaborative practices are to be included in our next workshop.The feedback and attendance demonstrates that this event is needed and should continue.